

Oceania Taekwon-Do Federation – Snapshot 2014

AUGUST 2014



At the 24th Congress held in Tajikistan 2014: Senior Master Linda Low, EB Member & Vice President of AAITF, President of ITF, Professor Dr Chang Ung, and Senior Master Low Ming Tuck, President of Oceania Taekwon-Do Federation.



Senior Master Low Ming Tuck - Awarded The Order in recognition of his contribution to ITF Aug 2014.



Senior Master Linda Low – Awarded the Outstanding Instructor Medal – Aug 2014.



Junior and Veteran World Championships held in Tajikistan 2014 – Participants of the International Instructor Course for Conductors.



Tajikistan 2014 - Australian Team (L to R) David Freeman-Smith, Pat McQueen, SM Linda (Umpire), Brooke Searle, Justin Low (Coach), Leanne Searle, SM Low (Umpire).

Leanne Searle – Gold Medal in Patterns
Pat McQueen – Bronze Medal in Patterns and awarded Female Honourable Veteran Trophy

APRIL 2014 – International Instructor Course & Technical Seminar



This seminar was conducted by Senior Master Low Ming Tuck, President of Oceania Taekwon-Do Federation. It was attended by various instructors from numerous ITF clubs.

The aim of this seminar was to develop and improve the technical and practical skills of instructors and promote an appreciation of the art. Its purpose was also to reinforce and further develop traditional Taekwon-Do techniques and teachings, encourage best practice, result in quality instructors and deliver the most benefit for our students and communities.

The delivery of seminar content included presentation of theory, discussions, group activities and practical drills.

Topics included the following:

- Role and responsibilities of an instructor
- Moral culture and elements of an ideal instructor
- Practical education and competency
- Basic factors, fundamental movements and techniques of Taekwon-Do



Sabum James Horobin stretches out during a break



Group discussions and activities are integral to the development of understanding of all aspects of Taekwon-Do



Thinking, thinking during the written test



MARCH 2014 – First ITF Women’s Conference



The First ITF Women’s Conference was held in Phuket, Thailand, in March 2014. It was chaired by Senior Master Linda Low and proclaimed by all who attended as a great success.

Upcoming Events in Oceania 2014

- ITF Oceania Umpire Course, conducted by SM Linda on the 20th- 22nd September 2014 in Perth, Western Australia
 - Please email SM Linda on linda.low@bigpond.com for further details
- 30th Anniversary of Low Taekwon-Do Academy in October 2014
- Club Capricorn Camp - Open to all members on the 18th – 19th October 2014
 - Forms available from www.lowtkd.com , in class or email minglow@optusnet.com.au
- AAITF National Championship in Melbourne on the 29th- 30th November 2014.